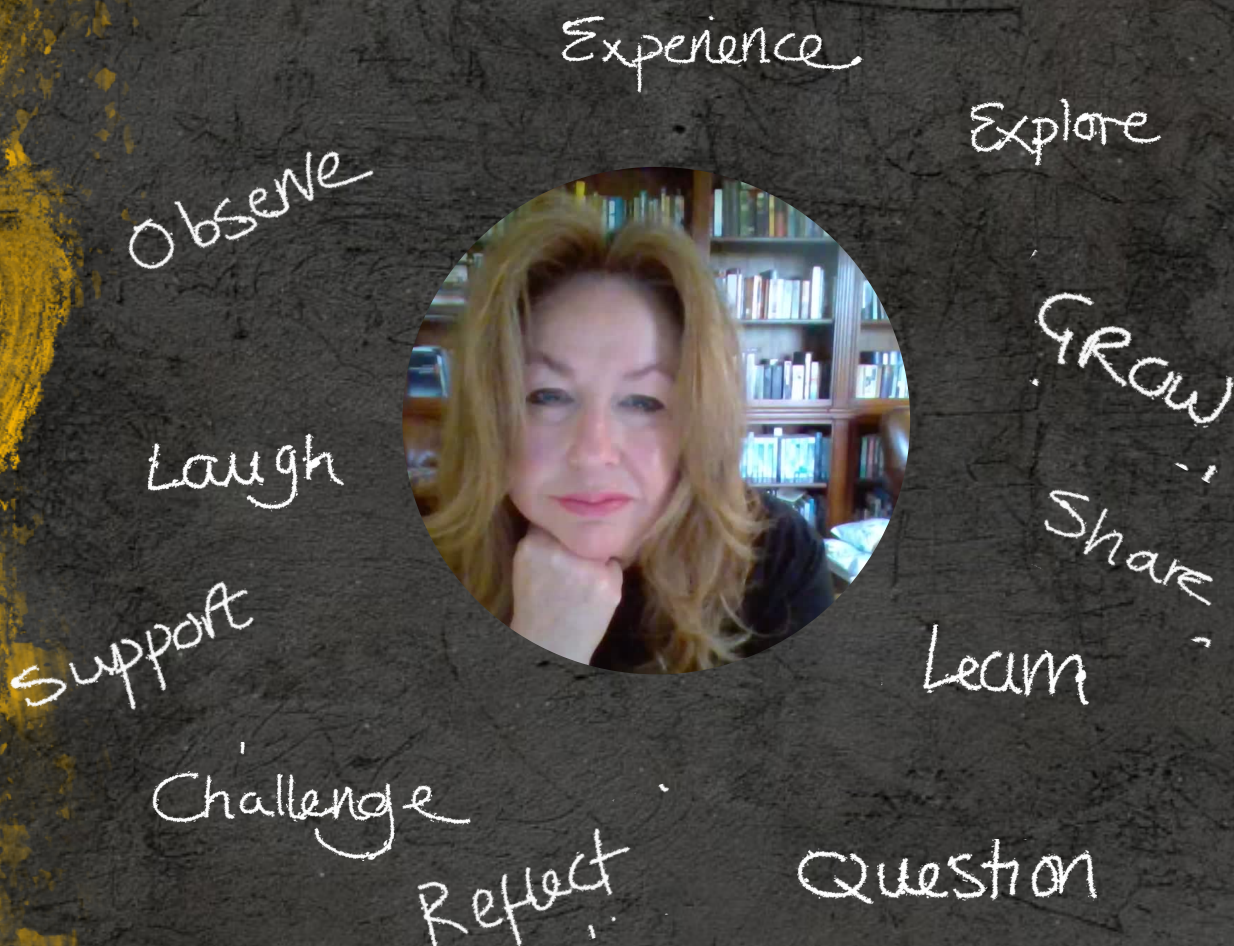


# Coach Development Group

Coaching can be: incredible, rewarding, inspirational, fulfilling ... but also challenging and lonely!

Whilst we work in partnership with our clients, coaching is essentially a solitary skill. So, it is almost inevitable that we sometimes slip into routine or stuck ways of working. We can be left to sit alone with our self-doubt or to ponder the ethical and practical choices and challenges we meet.

The 3D Coach Development Group aims to fill this void. We meet for 2 hours quarterly to explore themes relating to ways-of-being as a coach and ways-of-doing. We offer both trainee and qualified coaches the opportunity to:



3D Leadership  
Community



Where: Zoom

When: Last Week of Feb, May, Aug and Nov 6-8pm (exact dates TBC)

Themes: Feb: Ways of Being: *Working with awareness of your contact boundary*

May: Ways of Doing: *Cognitive Behavioural Coaching - Helping clients with their thinking*

Aug: Ways of Being: *Power in coaching - Working with your and your clients power dynamics*

Nov: Ways of Doing: *Appreciative Inquiry - Looking beyond working with 'problems'*

£20 per person

Cost:

For those of you that know us - and those of you who don't yet - we are both highly experienced and qualified coaches and supervisors who live and breathe coaching - doing it, writing about it, researching it, qualifying others in it, and supervising it! We will work with the group to provide some input, some structure, some fun and a large amount of openness and support. We will also create plenty of space for live emergent topics, practice and group supervision. This is an opportunity to learn from other coaches in the group and to explore further your own individual way of *being and doing* as a coach.

If this arouses your curiosity, do contact us to find out more or book online below:

Toni@3dleadership.co.uk  
Tony@3dleadership.co.uk  
www.3dleadership.co.uk



Participation in these group sessions qualify you for accredited CPD hours from the - Association for Coaching